

Sometimes parenting is hard

Parent Support Services can help
We offer resources and support to help you
be the parent you want to be

Parent Support Circles

Free and confidential support groups, giving parents the opportunity to share thoughts, feelings, ideas and resources

Grandparents Raising Grandchildren

Developing support groups, networks and education responding to the issues facing Grandparent-led families
S.T.E.P.

A course for parents who wish to improve the relationships within their families

Active Parenting

Empowers families and provides parents with skills to help their children thrive in our changing world

The Village—Parent Resource Registry

Monthly newsletter of programs, resources and services for parents in the community

Hand-in-Hand

Providing quality early learning for children while their parents attend education and support groups

For more information and to register:

call: **561.0607**

email: parentnorth@shaw.ca

www.parentsupportbc.ca



PARENT SUPPORT SERVICES
of BC

Success Starts Here



Children
First

PRINCE GEORGE
www.childrenfirstpg.com